



Unofficial Divisional Speed Camp

January 29 – January 30

HOST: Alyeska Ski Club

LOCATION: Alyeska Resort, Girdwood, Alaska

SCHEDULE	DATE:	Event	Age Class	Location
	January 29	Speed Camp SG	U12 – U21	Glacier Bowl
	January 30	Speed Camp SG	U12 – U21	Glacier Bowl

ENTRIES: All athletes attending this project do **NOT** need to register for the Camp. However, rules are that if you attend the camp you have a **current USSS License** and are planning to race in the up and coming Alyeska Cup Speed Races.

Project Leader	Conor McDonald	juniorsprogramdirector@alYESKASKIclub.com
Ast. Project Leader	Nick Foster	u16headchoach@alYESKASKIclub.com

ENTRY FEES: There will be no entry fee. We do ask visiting clubs to come with at least 1 coach for every 6 athletes from their home club. **NO athletes allowed without representation.**

LATE ENTRY DEADLINE: N/A

RULES: Alyeska will be providing the Alaska division with SG training and Terrien Features Exposure. Alyeska Ski Club will set and control the venue for both days. We encourage other teams to help with set up and take down. During the events we would like coaches to lap with there groups or station on hill depending on group size. We will be following the USSA Guidelines for sets and age group

WAIVER: All athletes **MUST SIGN** a Alyeska Ski Club Waiver: [LINK](#) (one waiver per-series)

TEAM CAPTAINS:
Day 1 Super G : January 29,2024 RTC Main Level 9:15
Day 2 Super G: January 30, 2024 RTC Main Level 9:15

BIBS: Bibs will not be provided

LIFT TICKETS: Athletes/Coaches - Regular ticket price per day.

SAFESPORT:

U.S Ski & Snowboard works to provide a safe environment in which athletes can train and compete, free from abuse and inappropriate behavior. Please review U.S. Ski & Snowboard's [Athlete Safety Policies](#), the [SafeSport Code](#) and [Minor Athlete Abuse Prevention Policies](#). If you are an athlete who has experienced inappropriate behavior or know of an athlete who has experienced inappropriate behavior, [CLICK HERE to report a concern](#) . We are all a part of promoting a culture of safety through education, listening and speaking up.



Daily Schedule:

9:15 -9:30	Coaches Meeting
9:30-10:30	Coaches Set-up Venue
10:30	U12-U14 Athlete Load
10:45-11:15	U12-U14 Athlete inspect (Glide Course, Jump Station, 2 sections)
11:30-1:00	Athletes run sections
1:00-1:15	Reset for U16/U18
1:05	U16-U18 Athlete Load
1:15 -1:45	U16-U18 Athlete inspect (Glide Course, Jump Station, 1 sections)
2:00-3:30	Athletes Run Sections
3:30 -4:00	Pull Venue